

DOCTORAL STUDIES COURSE UNIT DESCRIPTION

| Name of subject | Field of science, code | Faculty / Center | Institute / Department |
|---|------------------------|-----------------------|-------------------------|
| Problems and Challenges of Applying the Biopsychosocial Model in Health Care | S 006 | Faculty of Philosophy | Institute of Psychology |

| Student's workload | Credits | Student's workload | Credits |
|--------------------|---------|--------------------|---------|
| Lectures | | Consultations | 2 |
| Independent study | 5 | Seminars | |

| Course annotation |
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| <p>Disease and health models: holistic, biomedical, biopsychosocial, etc.</p> <p>The modern multidisciplinary concept of pain as a benchmark for the biopsychosocial model in medicine. Perception and expression of pain: acute and chronic pain. Mechanisms of pain becoming chronic in terms of various theories in psychology. Possibilities of pain assessment and psychotherapy. Pain management and control: behavior modification and cognitive behavioral pain management programs. Psychological counseling in a pain / somatic clinic. Peculiarities of psychological services in clinical oncology, rheumatology, gerontology.</p> <p>Congenital and acquired physical disability. Psychological aspects of rehabilitation. The role and functions of psychologist in rehabilitation team.</p> <p>Application of self-regulation techniques: relaxation, autogenous training, controlled imagination, biological feedback.</p> <p>The concept and empowerment of self-efficacy: the role of patient organizations and self-help groups, patient self-management programs, and social support.</p> |
| Reading list |
| <ol style="list-style-type: none"> 1. Handbook of Rehabilitation Psychology. Ed. by Frank, R.G., Rosenthal, M., Caplan, B. Washington: APA, 2010. 2. Handbook of Health Psychology and Behavioral Medicine. Ed. by Jerry M. Suls, Karina W. Davidson, and Robert M. Kapla. New York ; London : Guilford Press, 2010. 3. Sargautytė R. Skausmo psichologija. Vilnius: Vilniaus universiteto leidykla, 2008. 4. Skausmo psichologija. Vaizduotės pratimai skausmui įveikti: mokomoji metodinė priemonė sveikatos priežiūros specialistams ir studentams (CD). Parengė R. Sargautytė, 2008. 5. Understanding the Experience of Disability : Perspectives from Social and Rehabilitation Psychology. Ed. by Dana S. Dunn. New York, NY : Oxford University Press, 2019. 6. Vash, C.L., Crewe, N.M. Psychology of Disability. New York [N.Y.] : Springer Publishing Company, 2013. 7. Ed. by K. Warner Schaie , and Sherry L. Willis Handbook of the Psychology of Aging. Elsevier Science & Technology, 2021. |

| The names of consulting teachers | Science degree | Main scientific works published in a scientific field in last 5 year period |
|----------------------------------|----------------|---|
| Rūta Sargautytė | Dr. | <p>Sorokowska, A., Saluja, S., Sorokowski, P., ...Sargautytė, R. ... Croy, I. Affective interpersonal touch in close relationships: a cross-cultural perspective. <i>Personality and Social Psychology Bulletin</i>, 47 (12), 1705-1721. DOI: 10.1177/0146167220988373.</p> <p>Karekla, M., Höfer, S., Plantade-Gipch, A., Neto, D. D., Schjødt, B., David, D., Schütz, Ch., Eleftheriou, A., Pappová, P. K., Lowet, K.,</p> |

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| | <p>McCracken, L., Sargautytė, R., Scharnhorst, J., Hart, J. (2021) The role of psychologists in healthcare during the COVID-19 pandemic: lessons learned and recommendations for the future. <i>European Journal of Psychology Open</i>, 80 (1-2), 5-17. DOI: 10.1024/2673-8627/a000003</p> <p>Bulotaitė, L., Bagdžiūnienė, D., Žiedelis, A., Sargautytė, R. (2021). Išgyventi COVID-19 pandemiją: psichologinių veiksnių svarba ketinimams laikytis prevencinių priemonių. <i>Visuomenės sveikata</i>, 1(92), 80-91. ISSN 1392-2696</p> <p>Krys, K., Park, J., Kosimska-Zych, A., Sargautyte, R.,Adamovic, M. (2021) Personal Life Satisfaction as a Measure of Societal Happiness is an Individualistic Presumption: Evidence from Fifty Countries. <i>Journal of Happiness Studies</i>, 22(5), 2197-2214. DOI 10.1007/s10902-020-00311-y</p> <p>Turlinskienė, M., Sargautytė, R. (2019) Onkopsichologinių tyrimų raida hematologijos srityje biopsichosocialinės paradigmos kontekste. <i>Visuomenės sveikata</i>, 2(85), 8-14. ISSN 1392-2696</p> <p>Tutkuvienė, J., Juškaitė, A., Katinaitė, J., Šilovė, S., Drąsutis, J., Sargautytė, R., Ramašauskaitė, D., Drąsutienė, G. (2018) Body image issues in Lithuanian females before and during pregnancy. <i>Anthropologischer Anzeiger</i>, 75 (1), 9-17. ISSN: 0003-5548 ; DOI: 10.1127/anthranz/2018/0779.</p> <p>He J., van de Vijver F. J. R., Dominguez-Espinosa A. del C., Adams B. G., Alonso-Arbiol I., Aydinli-Karakulak A., Buzea C., Dimitrova R., Fetvadjev V., Fortin A., Hapunda G., Ma S., Sargautyte R., Sim S., Schachner M., Suryani A., Zeinoun P., Zhang R. (2017 November/December) On Enhancing the Cross-Cultural Comparability of Likert-Scale Personality and Value Measures: A Comparison of Common Procedures. <i>European Journal of Personality</i>, 31 (6), 642–657. ISSN: 0890-2070; DOI:10.1002/per.2132</p> |
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Certified during Doctoral Committee session on 2022-04-25. Protocol No. 15600-KT-150

Committee Chairman prof. Evaldas Kazlauskas