

DOCTORAL STUDIES COURSE UNIT DESCRIPTION

Name of subject	Field of science, code	Faculty / Center	Institute / Department
Aftermath and Coping with Traumatic Experiences: Theoretical Conceptualizations and Research Directions	S 006	Faculty of Philosophy	Institute of Psychology

Student's workload	Credits	Student's workload	Credits
Lectures		Consultations	3
Independent study	4	Seminars	

Course annotation
<p>Conceptualization of traumatic stress, historical development of traumatic stress understanding, discussions about stressor criterion. Traumatic stress responses: clinical, theoretical and methodological challenges. Prediction of posttraumatic responses. Evidence from research.</p> <p>Conceptualization and diagnostic criteria of posttraumatic stress disorder in DSM and ICD. Trauma reactions and posttraumatic symptoms theoretical conceptualization. Biopsychosocial approach, multimethod research.</p> <p>Psychosocial support models and principles, social support, research on the effectiveness of psychological support, political and symbolic meanings of support, individual and group therapy. Specific traumas, violence, loss, effects of long-term traumatization.</p> <p>Posttraumatic growth, resilience factors, research findings. Complex trauma.</p>

Reading list
1. Ford J.D. Posttraumatic Stress Disorder: Scientific and Professional Dimensions. Academic press: 2009
2. Forbes, D., Bisson, J. I., Monson, C. M., & Berliner, L. (Eds.). (2020). Effective treatments for PTSD. Guilford Publications.
3. Gailienė D. Ką jie mums padarė. Lietuvos gyvenimas traumų psichologijos žvilgsniu. <i>Monografija</i> . Antras leidimas. Vilnius: Tyto alba, 2021.
4. Gailienė D. (sud.) Sunkių traumų psichologija: politinių represijų padariniai. Vilnius: LGGRTC, 2004.
5. Brewin Ch. R. Posttraumatic Stress Disorder: Malady or Myth? New Haven & London: Yale University Press, 2003.
6. Horowitz M.J. Stress Response Syndromes. Northvale, New Jersey, London: Jason Aronson Inc., 2001
7. Bonanno G.A. The End of Trauma. New York: Basic Books, 2021

The names of consulting teachers	Science degree	Main scientific works published in a scientific field in last 5 year period
Evaldas Kazlauskas	Dr.	<p>Kazlauskas, E., Jovarauskaite, L., & Gelezelyte, O. (2022). Measuring Mental Health Professionals' Trauma Care Competencies: Psychometric Properties of the Novel Readiness to Work With Trauma-Exposed Patients Scale. <i>Psychological Trauma: Theory, Research, Practice, and Policy</i>. http://dx.doi.org/10.1037/tra0001231</p> <p>Kazlauskas E, Gelezelyte O, Nomeikaite A, Zelviene P. (2021). Posttraumatic Stress Disorder and Adjustment Disorder in Lithuanian Healthcare in 2018–2020: A Nation-Wide Cohort Study of the Effects of COVID-19 Pandemic. <i>Healthcare</i> 9(11):1422. https://doi.org/10.3390/healthcare9111422</p> <p>Kazlauskas, E., Zelviene, P., Daniunaite, I., Hyland, P., Kvedaraitė, M., Shevlin, M., & Cloitre, M. (2020).</p>

The structure of ICD-11 PTSD and Complex PTSD in adolescents exposed to potentially traumatic experiences. *Journal of Affective Disorders*, 265, 169–174. <https://doi.org/10.1016/j.jad.2020.01.061>

Kazlauskas, E., Gegieckaite, G., Hyland, P., Zelviene, P., & Cloitre, M. (2018). The structure of ICD-11 PTSD and complex PTSD in Lithuanian mental health services. *European Journal of Psychotraumatology*, 9, 1414559. doi:10.1080/20008198.2017.1414559

Kazlauskas, E., Gegieckaite, G., Eimontas, J., Zelviene, P., & Maercker, A. (2018). A brief measure of the International Classification of Diseases-11 adjustment disorder: Investigation of psychometric properties in adult help-seeking sample. *Psychopathology*, 51, 10–15. doi:10.1159/000484415

Certified during Doctoral Committee session on 2023-10-23. Protocol No. 15600-KT-448

Committee Chairman prof. Evaldas Kazlauskas