

**DESCRIPTION OF COURSE UNIT FOR DOCTORAL STUDIES  
AT VILNIUS UNIVERSITY**

<b>Scientific Area/eas, Field/ds of Science</b>	Medical and Health Sciences (M 000): Medicine (M001); Public Health (M 004); Nursing (M 005); Odontology (M 002) Nature sciences (N 000): Biology (N 010) Social sciences (S 000): Educology (S 007)			
<b>Faculty, Institute, Department/Clinic</b>	Faculty of Medicine Institute of Clinical Medicine Clinic of Internal Diseases, Family Medicine and Oncology			
<b>Course unit title</b> (ECTS credits, hours)	<b>Family and Community Health</b> 8 credits (212 hours)			
<b>Study method</b>	<b>Lectures</b>	<b>Seminars</b>	<b>Consultations</b>	<b>Self-study</b>
Number of ECTS credits	-	-	1	7
<b>Method of the assessment</b> (in 10 point system)	<p><u>Presentation and evaluation</u>: the presentation is based on a focused topic, which is coordinated with the coordinating teachers (the PhD student has to analyze, review and present the most recent scientific publications related to the relevant topic).</p> <p>Criteria for the evaluation of the presentation (minimum score of 5):</p> <p>(a) Relevance, novelty and appropriateness of the material presented (2 points);</p> <p>(b) the overall structure and scope of the presentation, clarity of knowledge, reasoning, conciseness and specificity (2 points);</p> <p>(c) summary, presentation and justification of conclusions (1 point);</p> <p>(d) raising problematic issues and demonstrating the application of the knowledge reviewed in the thesis (3 points);</p> <p>(e) organization of visual aids, ability to participate in discussion, question management, oratorical skills (2 points).</p>			
<b>PURPOSE OF THE COURSE UNIT</b>				
<p>Main goal of the course is to analyze conception of the community health and main community health influencing factors, indicators of community health and methods of their research, strategy of the health policy in the field of community health, to introduce to students' problems related with the implementation of community health strategies, health education and prevention programs. Special attention is paid the health policy and community health legislation in European Community countries, their comparisons with Lithuanian health policy and community health legislation.</p>				
<b>THE MAIN TOPICS OF COURSE UNIT</b>				
<p>1. Definition of community, its characteristics, types, functions. Structure of the community, classification and social groups. Definition of the community health. Evaluation of the community health. Community healthcare: definition, philosophy, goals, composition, influencing factors. Areas and levels of the community healthcare. Community healthcare institutions and services. Community involvement in the healthcare. Community and its target groups health evaluation and needs assessment. Establishing and summarizing of the community healthcare data. Methods of data evaluation. Determination of the</p>				

- problem resolution priorities.
2. Family health definition and object. Conception of family. Types of family. Family life cycles, function and common features. Family dynamics. Characteristics of healthy family. Family risk factors and health problems. Family health assessment. Family importance in the health development. Family health evaluation. Definition and subject of family healthcare discipline. Historical development of family healthcare. Family healthcare position in the general healthcare. Family healthcare is the advocacy of patient's rights. Principles of the healthcare of newborn, children and adolescent in the family. Healthcare of persons of employable age. Healthcare of elderly person. Family and its terminally ill member. Family and disability. Death in the family – medical subsequence. Healthcare ethics.
  3. Conception, basic elements, types of primary healthcare. Principles of primary healthcare and their implementation policy. Primary health care organization principles in other countries. Development of primary healthcare and community health problems. Problems of integration of personal and public health care. Basic means of diagnostic, treatment, rehabilitation and nursing in healthcare. Screening in the primary health care. Rules of the patient referring to the medical professional consultation or to the hospital. Medical documentation. Peculiarities of long-term nursing in the healthcare system. Elderly healthcare in the community. Palliative care. Primary healthcare laws and standards.
  4. Conception of teamwork. Primary healthcare (PHC) team conception and functions. Arrangement of the activities of PHC employees, principles of their work, documentation, laws and standards regulating their activities. Key members of healthcare team: family physician, community nurse, social worker. Other team members. Basic principles of the co-operation of team members and their competency. Function, responsibilities, activity area and competency of family physician, his/her interactions with social work. Community nurse and nurse general practitioner position in the team, his/her interaction with social work. Social workers' duties in the healthcare institution. Duties and competency of community nurse. Conception and competency of family nurse. Social worker activities in the healthcare system. Activities of social workers in the healthcare system regulated by the Law of Social Services of the Republic of Lithuania. Job positions of social workers - social worker, social worker helper (care worker), patronage worker: their functions, duties, competencies, co-operation with healthcare professionals. Basic principles and objectives of social work in the healthcare system. Information and consultation. Social and nursing services at home. Rehabilitation services. Organization of the activities of social workers in healthcare institutions. Organization of the activities of social workers at home.

### **RECOMMENDED LITERATURE SOURCES**

1. Blaževičienė A, Krančiukaitė-Butylkinienė D, Spirgienė L. Bendruomenės sveikata ir gerovė. Vitae Litera, 2020, 300.
2. Valius L, Jaruševičienė L. Paauglių sveikatos priežiūra. Vitae Litera, 2008, 346.
3. Bule M. EUROPREV rekomendacijos: fizinis aktyvumas stiprina sveikatą. Vitae Litera, 2018, 24.
4. Bagdonas G, Damulevičienė G, Lesauskaitė V, Macijauskienė J, Valius L, Venskutonis D, Visokinskas A. Pagyvenusių žmonių sveikatos priežiūra. Vitae Litera, 2009, 288.
5. Staten A, Staten P, Practical General Practice: Guidelines for Effective Clinical Management. Elsevier,
6. Boulton ML, Wallace RB. Maxcy-Rosenau-Last Public Health & Preventive Medicine, 16th Edition, 2022.  
<https://accessmedicine.mhmedical.com/content.aspx?bookid=3078&sectionid=255956347>

7. Rakel RE, Rakel DP. Textbook of Family Medicine. Elsevier Saunders, 9th Edition, 2016. <https://www.clinicalkey.com/student/content/book/3-s2.0-B9780323239905000526>

**CONSULTING LECTURERS**

1. Coordinating lecturer: Sonata Varvuolytė (Assist. Prof. Dr.).

2. Violeta Ožeraitienė (Assoc. Prof. Dr.).

3. Aldona Mikaliūkštienė (Assoc. Prof. Dr.).

**APPROVED:**

By Council of Doctoral School of Medicine and Health Sciences at Vilnius University:  
29<sup>th</sup> of September 2022

Chairperson of the Board: Prof. Janina Tutkuvienė